Garrison repeats as 8-AA Champ; leads Lady Panthers back to State

Union's sophomore sensation returns to Carrollton looking for back-to-back State Championships

By Todd Forrest North Georgia News sports@nganews.com

Gainesville - Emma Garrison is the Region 8-AA Cham-

Her first place time of 19:19 was 93 seconds better than Rabun County senior Sally Woerner, who placed second. A convincing win by most, but a suppar performance by Garrison's standards. After her time was announced, the Union County sophomore wasn't pleased, but Coach Jackie Hughes was right there to reassure her runner.

"She was just being a little too hard on herself," Coach Hughes said. "She still had an outstanding time of 19:19."

Last week Garrison completed the same course in 18:52. Yet there were several factors that played into the slower time. One of the main culprits for the slower time was the higher temperatures and increased humidity over last week's race. "I think the heat was

part of it with Emma," Coach Hughes said. "It's also pretty hard to go out there and repeat a performance like the one she had last week, especially when there isn't someone right behind you to push you.' Although it wasn't an

improvement over last week, Garrison felt better about her performance after a discussion with Coach Hughes.

"I felt like I did pretty good today, but it was hotter today and harder to go as fast because you get overheated,"

Garrison claiming the top spot helped the Lady Panthers



secure third place by 30 points over fourth place Oglethorpe County. By finishing third, Union County has earned the right to return to Carrollton as a team for the State Championship Meet on Saturday.

Junior Rachel Todd placed 16th overall with a time of 23:33. Junior Marissa Spaulding came in 18th at 23:37, sophomore Stephanie Busse checked in at 24:09, good enough for 19th, and freshman Cora Bauman rounded out the Top 20 at

Sophomore Anna Danek finished 22nd at 25:26 and sophomore Emmeline Stuart was 25th with a time of 25:45.

"I was very pleased with the third place finish," Coach Hughes said. "Third place was where I expected them to finish. What I was extremely proud of was us tightening the gap between us and the second place team. That gap closed up a



Marissa Spaulding in the middle of the pack. Photo/Todd Forrest

whole lot. I had several girls that really stepped it up and finished much higher than they did the week before."

In the individual standings, Garrison was first and Woerner second. In third place was Jefferson senior Reese Bowles



Cora Bauman (left) and Stephanie Busse (far right) during the first loop of the course. Photo/Todd Forrest



Rachel Todd (right) finished second for the Lady Panthers and 16th overall in Region 8-AA. Photo/Todd Forrest

at 21:59. Jefferson sophomore Morgan Mitchell placed fourth and Rabun County junior Jordan Gihl rounded out the first five

In the team standings, Rabun County upset defending champion Jefferson. The Lady

Cats finished with 34 points thanks to five runners in the

The Lady Dragons were four points back of Rabun with 40 despite getting third, fourth, and sixth places. Union was third with 74 points, Ogletho-



Emma Garrison crosses the finish line. Photo/Todd Forrest



Coach Hughes instructs the Lady

rpe placed fourth with 104, Social Circle was fifth at 116. and Washington-Wilkes sixth

Union will race at Carrollton High School on Saturday beginning at 11:15 a.m. for the State Championship.

Garcia and Panthers peak just in time; ready to shake things up in Class AA **By Todd Forrest**

North Georgia News sports@nganews.com

Gainesville - Cristian Garcia saved his best race for when it mattered most. Now he gets a chance to turn it up another notch on the biggest

The Union County junior shaved 17 seconds off of his time from a week earlier, on the same course, while moving up seven spots from 11th

"I was so proud of him," Union County Head Coach Jackie Hughes said. "We've talked so long about him staying with the lead pack because he has held back and hesitated all year. But when I saw him come around that first curve and right with that lead guy from Riverside, I was so proud of him for going out and giving

Garcia posted a 17:59 at last week's Region Championship Meet, good enough for a fourth place finish. He was 6 seconds back of third place Sid Wightman from Oglethorpe County and 10 seconds behind Jefferson's Addison Cochran, who placed second. Nobody would catch Riverside senior Marcus Gouthro, who finished 48 seconds ahead of the near-

"My plan early was to see how long I could stay with the leader," Garcia said. "After that I tried to stay with the second place runner, and I was able to.

Jacob Kelley finished in



13th place with a time of 18:43, a trip to Carrollton this weekwhich was a 9 second improve- end after placing third behind ment over his time from the Jefferson and Riverside.

Andrew Nelson shaved 5 individual standings were Alex seconds off his time, coming in at 18:48 and 16th place.

onds quicker the second time around, coming in 25th at

placed 36th at 20:19.



Behind Garcia in the

Parrish, a sophomore from

Jefferson at 18:10. Sixth place

was sophomore Mitchell Clegg

of Social Circle at 18:16. Riv-

erside junior Taylor Hampton

was seventh at 18:24, Jeffer-

son took the eighth and ninth

spots and Greene County laid

claim to the 10 position. The

Top 6 individual qualifiers

will participate in the State

Meet regardless of the team

tually get him to Carrollton and the State Meet. Photo/Todd Forrest

Jakob Brown was 9 sec-

Rounding out Union's Top seven were Josh Weaver, coming in at 19:44 and 29th place. Ryan Rogers was 30th at 20:00, and Aaron Stafford

The Panthers have earned standings.

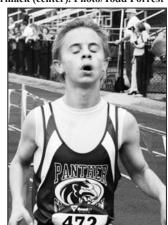


Ryan Rogers (right) passes Greene County's Darius Porter (left) and Oglethorpe County's Garrett McCormack (center). Photo/Todd Forrest

The team standings were Jefferson in first with 35 points with five runners in the first 11 spots. Riverside placed second with first, seventh, and 15th. Union was third, and Oglethorpe rounded out the State qualifiers, picking up third, 12th, and 17th places.

Social Circle missed out on State, placing fifth with 120 points but Clegg will represent the Redskins as an individual qualifier.

The Panthers will travel to Carrollton High School on Saturday where they will begin



Freshman Jakob Brown at the



Andrew Nelson holds off Quinton Nash. Photo/Todd Forrest



Sophomore Jacob Kelley finished

Wrestling Meet results Middle School Dawson County, Towns Coun- Bryan Nelson - 2nd, Grizzly

The Middle School Panther Wrestling Team hosted the Panther Throwdown individual

tournament on Saturday. The team finished in second behind Lumpkin County and ahead of White County,

ty, and Hiawassee Dam.

Individual results were: - 1st, Josh Fletcher - 1st, Gabe Morris - 1st, Matthew Biese - 1st, Evan Browning - 2nd,

Breedlove - 2nd, Adrian Shaw - 3rd, Austin Nations - 3rd, Tyree Mackey - 1st, Isaac Tritt Devin White - 3rd, Enock Bruce - 4th, Tristan Briley - 4th,

Brandon Mickens - 4th, and Alex Youngblood - 4th.

Basketball Registration

Union County Recreation Department

Registration Ends

9-10 year olds November 8th

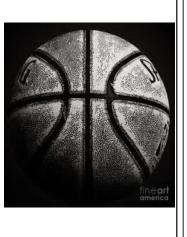
11-12 year olds November 8th

13-14 year olds November 8th

Registration forms available at Rec Dept. Office

located at: 310 Wellborn Street, Blairsville GA 30512

\$45 per player



13th overall. Photo/Todd Forrest finish line. Photo/Todd Forrest UCHS & UCMS combined wrestling schedule 2013-14

Wrestling Starts

Middle School wrestling starts

Middle School @ Mountaineer

Middle School @ KOM Towns

UNION TOURNEY HOME High

UNION DUALS @ HOME high

High @ Arrowhead Stephens Co.

Middle and High @ Rabun Co.

Middle and High @ Towns Co.

High @ Stephens Co. Tourney

HIGH SCHOOL DUALS @ Jefferson

Middle/High @ HOME w/ Stephens Rabun Gap

Middle School @ Lumpkin w/ White

Middle/High @ HOME Riverside/Fannin

Middle School Duals and tournament @

Middle/High @ Home Hiawassee Dam

Middle School @ Dawson

(towns and Dawson middle)

Middle and High @ Fannin

Middle and High @ Gilmer

High @ Towns Co. Duals

High @ KOM Towns

Dawson

Oct. 14th Mon. Oct. 28th Sat.

Nov. 2nd Sat.

Nov. 9th Sat. Nov. 12th Tuesday

Nov. 16th Sat. Nov. 19th Tues.

Nov. 21st Thursday

Nov. 23rd Sat. Dec. 3rd Tues.

Dec. 6th and 7th Fri/Sat

Dec. 10th Tues Dec. 13th Fri Dec. 13th and 14th

Dec. 20th Fri

Dec. 28th Sat

Jan. 3rd and 4th Fri/Sat

Jan. 7th Tues

Jan 10th and 11th Fri/Sat HIGH SCHOOL DUAL STATE@ MACON Jan. 14th Tues

Jan 18th Sat

Jan. 21st Tues Jan. 25th Sat

Jan. 28th Sat Jan. 31st & Feb. 1Fri/Sat

Feb. 5th Wed Feb. 7th and 8th Fri/Sat Feb. 13th-15th Thur-Sat

High @ White Co. High School Duals @ GAC?

High School @ Rabun Gap w/ Asheville

Middle and High @ HOME w/ Hayesville

High School Sectionals????? HIGH SCHOOL STATEGwinnett Arena